Listening, Leadership, and Looking Forward:
Creating a Healthier Planet for All of Us

Listening: The first way that I became involved with Health In Harmony (HIH) was listening to founder, Dr. Kinari Webb, at a small gathering in a friend’s home in 2010. She spoke about this rain forest in West Kalimantan and the people who lived there. She spoke about the destruction of that rain forest – home to endangered orangutans and thousands of species of mammals, birds, insects, plants - due to illegal logging. She said that continued logging would result in worsening health and increased poverty of the people living nearby due to flooding, erosion, and droughts. As a visionary physician, she clearly saw the interdependence of the health of people and the health of the rain forest. And after more than 400 hours of listening to villagers, she did something about it – co-founding HIH’s partner, Alam Sehat Lestari (ASRI) and establishing a clinic that provides high quality, affordable health care with discounts to villages that were not logging! ASRI expanded beyond health care with programs in conservation, organic farming, education, and training in alternative livelihoods. As HIH moves forward with ASRI as well as with replication and research, listening - “radical listening” – provides the foundation for all community engagement. Kinari says that “radical listening means understanding that people know the problems and also know the solutions – they just lack the resources.” What a wonderful gift she has given all of us.

Leadership: This word “leadership” is used often – and yet not frequently defined. I see it as a process that engages others with implementing a goal or vision – like “Healthy Planet and Healthy People” - and produces change in the right direction. 2016 was a challenging year:

• We said goodbye mid-year to Michelle Bussard, our Executive Director who guided HIH for 5 years, strengthened infrastructure, and recruited 5 fabulous new members to the HIH team (and taught me how to chair the BOD);
• We said hello to challenging financial shortfalls due to increasing capacity required to implement our strategic plan and unforeseen complications with completing the hospital;

• We learned that good teamwork combined with open discussions resulted in meeting financial projections for 2016 and a stronger commitment to our future.

We also recruited a new Executive Director, Jonathan Jennings, who recently left Doctors Without Borders to join us. I am certain that his leadership will enable HIH to reach its full potential as a nonprofit – respected for its successful model of community development, positive impact on people and the environment, and commitment to research and replication.

Looking Forward: Personally, being Chairman has been an incredible challenge – and an incredible reward. I am deeply grateful to all who have been “in the boat” with me – to volunteers, donors, academic partners, the HIH and ASRI teams, the BOD (especially the Executive Committee) – and friends who have listened to me telling the story of why I love HIH. I plan to continue to be part of HIH and I hope you will too – in whatever capacity best fits you. We need to keep making good things happen, validating the model, measuring impact and theory of change - and telling our story often and effectively. Thank you for being part of the team!

M.J. Whitehouse, MD
Board of Directors, Chair
5 Big Things You Helped Achieve in 2016

Your gift saved lives.

In July, Ibu Siti spent three nights in ASRI’s clinic for emphysema. By the end of her stay, her bill was $141. Her family only had enough money to pay for half of her bill, but with your support, her husband, Pak Jusmanti, was able to pay off the rest with 163 langsat tree seedlings. Thanks to you, Ibu Siti received live-saving care and her family avoided crippling debt.

Your gift planted trees.

Last year, thousands of trees were planted in ASRI’s reforestation sites. Not only does replanting trees help keep carbon in the soil, but it also serves as a habitat for wildlife - like the critically endangered Bornean orangutan (caught here on one of our camera traps!). Your support is protecting one of the last viable populations of orangutans in the world!

Your gift helped build a hospital.

In October, construction of ASRI’s Community Hospital and Training Center was completed! This conservation hospital will serve more than 100,000 people living in the Kayong Utara Regency and will offer expanded medical services like surgeries, radiology, and maternal care.

Your gift is bringing our model to new communities in Indonesia.

In 2016, we created a full-time position dedicated to program evaluation, and kicked off several new projects. One of these projects is a realist evaluation, which will help us understand why these programs have been effective.
Financial Report

In 2016, 434 individuals and 56 organizations gave generously to Health In Harmony. We are so grateful for our small but mighty donor base!

Your gifts last year finished the majority of hospital construction, while still funding a significant portion of ASRI’s health and conservation programs and growing Health In Harmony’s volunteer, research, and replication efforts. We also continue to invest in administration and fundraising to both more efficiently and effectively do this work and raise more money to do more good in new places around the world.

"Early on, we were intrigued by Health In Harmony because we wanted to have a direct impact on people’s health. As we continued to learn more about ASRI’s programs through Kinari and on the Journey to Borneo, we thought, ‘What a great model for combining human and environmental health.’ Visiting Sukadana, meeting some of the people impacted by this work, and seeing the programs, like organic farming and Goats for Widows, really brought everything home for us. You can donate to a big organization, where your money goes into a big pot, but with Health In Harmony, you know it’s making an immediate difference in people’s lives."

- Melanie Webster

Melanie and her husband Richard are longtime donors and have been involved with Health In Harmony for almost 10 years – from sponsoring the hospital library, to joining the Journey to Borneo with their daughter Nicole (right), to Melanie joining our Board of Directors in 2016. (Photo: Richard Lin)
Thank you for an incredible year!

Here are four ways you can continue your commitment in 2017:

**Join the Journey to Borneo**
Each year, we take a group of travelers to Borneo to visit our partner ASRI and experience how your gift is making a difference and improving the health of our planet. The next journey will be May 13-26. Email amy@healthinharmony.org for details.

**Become an Ironwood**
By committing to a monthly, quarterly, or yearly gift, you become an Ironwood – a member of our recurring giving program. It is named for the strongest tree in Indonesia, supporting the whole ecosystem. Visit healthinharmony.org/donate to join!

**Shop on Amazon Smile**
Every time you shop on Amazon Smile, 0.5% of your purchase will be donated to a charity. Visit smile.amazon.com to make Health In Harmony your charity of choice.

**Host a Party**
Want to get your community engaged in creating a healthy planet? Host a party in support of HIH! We’ll help you from start to finish – email trina@healthinharmony.org.

Facebook: /HealthInHarmonyNGO  Instagram: @HealthInHarmonyNGO  Twitter: @HIHNGO

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