Calvanizing the Planetary Health Movement

Our programs are a strong example of how to implement Planetary Health principles with practical solutions: that’s why in 2018 we became leaders in Planetary Health. As part of the Planetary Health Alliance (PHA), a consortium of like-minded academic institutions and non-profits, we are helping set the course for this crucial and influential field.

In 2018, we spoke at conferences (including the Doctors Without Borders Annual Conference in Hong Kong and the PHA conference in Edinburgh) and published work in The Lancet, The Hill, Tropical Conservation Science, and elsewhere. Your support will continue to spread the word and help build a lasting Planetary Health movement before it’s too late!

By working directly with communities and by listening to and implementing their solutions—every gift provides both life-saving health care and reversal of deforestation in critical ecosystems—your help will continue healing rain forests and rain forest communities as part of a Planetary Health movement!

Thank you for your support!

Here are a few ways you can help:

Become an investor: By committing a monthly, quarterly, or yearly gift you join and become a donor—named for the strongest tree in the rainforest. Visit healthinharmony.org/subscribe!

Spread the Word: Help us reach new audiences with a story of hope for the planet. Follow us on social media, share our posts and forward our e-newsletter to your friends and family!

Learn with Us: Visit our partner ASRI to see Planetary Health in Action! We are continuing to expand our field exchange and travel options and can even tailor an extraordinary travel experience to your interests and schedule.

What is Planetary Health?

Planetary Health is defined as the health of human civilization and of the natural systems on which our health depends. By recognizing the interdependence of human and ecosystem health, your donations put this term into practice: Health In Harmony is a rare example in the world of Planetary Health in Action.

2018 INCOME

<table>
<thead>
<tr>
<th>Source</th>
<th>Amount</th>
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<tbody>
<tr>
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2018 EXPENSES

<table>
<thead>
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<tr>
<td>Administration and management</td>
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<td>Personnel</td>
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<tr>
<td>Education</td>
<td>$6,817</td>
</tr>
<tr>
<td>TOTAL</td>
<td>$56,042</td>
</tr>
</tbody>
</table>

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Meet Dewi, a midwife at our new program site in Beloyang Juoi, a remote village on the outskirts of BBBR. Thanks to you, we’re taking the first steps in that direction. We launched women’s health and conservation programs at a new site: Gunung Palung National Park (GPNP) in Indonesia.

We work alongside rainforest communities to help them find multifaceted solutions for deforestation, combining elements of health care, agriculture, education, and economics.

Health In Harmony is different from other conservation groups: we work alongside rainforest communities to help them find multifaceted solutions for deforestation, combining elements of health care, agriculture, education, and economics. Because these communities and the experts they know what they need to take it to eliminating logging. We believe this approach can bring positive change to communities and rainforests around the world.

We launched our first experimental Planetary Health courses for the local residents and young professionals with our Indonesian partner Alam Sehat Lestari (ASRI). With your help, we’re continuing to support incredible health care, conservation and livelihood programs through ASRI, and now at our second site in Borneo’s magnificent BBBR ecosystem.

We launched a Second Program Site

We launched a new program in a new part of Borneo. For decades, communities around BBBR have faced an unsustainable logging industry that has left families at risk. We’re helping them take control of their future, improving their livelihoods and protecting their forests.

For centuries, communities have been the victims of deforestation, as illegal logging operations destroy their livelihoods and habitat. Health In Harmony is different. Our approach is centered on giving people the tools to meet their own needs and protect their forests.

Imagine a world where communities are the leaders in their own health and conservation. That’s how Health In Harmony funds programs to protect forests and improve lives. And that’s how we’re working to solve the climate crisis.

The cutting edge: Number of seedlings used by Helda Rupiah

In 2018, the ASRI clinic received over 9,000 patient visits—in 2017, patients used over 17,000 seedlings as payment for medical care! The clinic fulfills a huge need for medical and dental care. We accept seedlings and reforestation supplies in lieu of cash—a small yet powerful solution that has significant impacts because of the farmers, the community, and the forests.

Planting the Seeds of a Stable Climate Future

“Protecting and regenerating forests like the two you supported is one of the most affordable and accessible solutions that the world needs to take to slow climate change,” Pak Arifin told us. For decades, communities around BBBR—Bukit Baka Bukit Raya National Park to cover the cost of travel to the clinic, where they could find care. We accept seedlings and reforestation supplies in lieu of cash—a small yet powerful solution that has significant impacts because of the farmers, the community, and the forests.

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This year, a high school senior in Indonesia who was treated for dental treatment, Helda, came to the dental clinic at ASRI. But she couldn’t afford to pay with cash; instead, Helda paid for her care by donating ASRI’s reforestation supplies. As far as she knows, reality of giving seeds in lieu of cash is one of the most affordable and accessible solutions that the world needs to take to slow climate change.

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Meet Dewi, a midwife at our new program site in Beloyang Juoi, a remote village on the outskirts of BBBR. With doctors, nurses, or midwives, every new delivery was a potential death sentence. Dewi's family and community knew they needed to travel to the nearest hospital, paying a terrible price only to receive substandard care. Now, Chainsaw Buyback saves 34 trees a day! In fact, it’s kept over 13,328 old-growth trees standing since it began in 2017.

We launched a Second Program Site – in a New Part of Borneo

For decades, communities around BBBR – in a New Part of Borneo – have been forced to live without access to quality health care, agriculture, education, and economy. We believe this approach catching positive change to communities and rain forests outside of Indonesia, creating a healthier planet, with a stable climate and ecosystems, and implement more community-led Plan. That’s why in 2018 we decided to start spreading our unique change to rain forest communities.

But now women and children in BBBR are finally receiving the quality health care they deserve, without having to cut down trees to pay for it. You sent in a team of midwives to save, without having to cut down trees to pay for it. You sent in a team of midwives to deliver new babies. Dewi’s whole family benefited from it. Dewi’s family and community benefited from it.

We launched our first experiential Planetary Health course for students and conservation professionals with our Indonesian partner Alamat Aceh Satat (AAS). With your help, we’re continuing to support incredible health care, conservation and livelihood programs through AAS, and now our second site in Borneo’s magnificent BBBR ecosystem.

We opened a medical site at our new program site in Beloyang Juoi, a remote village on the outskirts of BBBR. With Dewi and our other medical staff on duty, women don’t have to dread their deliveries anymore. Lives are being saved, thanks to you.

Curating Palung National Park (CNP) is home to almost 3,000 family groups and 10% of the remaining intact stands of this endemically rich rain forest, protecting CNP leaves their habitat safe!

Health In Harmony is different from other conservation groups: we work alongside rain forest communities to help them find multifaceted solutions for deforestation, combining elements of health care, agriculture, education, and economy.

It will take to eliminate logging. We believe that by paying a fair wage for logging, it can support communities, create a stable climate future, and a new future for us all. In 2018, your support helped us treat more patients, and these patients used over 17,000 seedlings as payment for their medical bills.

Plaing the Seeds of a Stable Climate Future

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A Message from Executive Director Jonathan Jennings

Thank you for a truly impactful year! In 2018, our community-centered approach to rain forest conservation continued to have tremendous positive impact for both human and ecosystem health. Your generous support helped us treat more patients, plant more trees, and protect more rain forest than ever before.

In 2018, we excitedly significantly expanded BRB’s reach and impact on rain forest ecosystems worldwide—and, thanks to you, we’re taking the first steps in that direction. We launched women’s health and conservation programs at a new site: Bukit Baka Bukit Raya National Park (BBBR) in Borneo.

We work alongside rain forest communities to help them find multilayered solutions for deforestation, combining elements of health care, agriculture, education, and economics.

And we kicked off our inaugural Planetary Health courses for students and conservation professionals with our Indonesian partner Alamat Sehat Sasar (ASRI). With your help, we’re continuing to support incredible health care, conservation and biodiversity programs through ASRI, and now at our second site in Borneo’s magnificent BBBR ecosystem.

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But few new women and children in BBBR are finally receiving the quality health care they deserve, without having to cut down trees to pay for it. This is even more critical in BBBR’s remote areas, where 75% of pregnancies are not attended by midwives in a place where the nearest hospital, a three-hour trip by boat, is as inaccessible as it ever was.

Meet Dewi, a midwife at our new program site in Beloyang Juoi, a remote village on the outskirts of BBBR. Dewi has been delivering babies and caring for their families for years. Now, she doesn’t have to worry about her children’s health anymore.

Dewi will be a midwife at our new program site in Beloyang Juoi, a remote village on the outskirts of BBBR. With Dewi and other medical staff on duty, women don’t have to dread delivering their babies anymore. Lives are being saved, thanks to you.

We launched a Second Program Site – in a New Part of Borneo

For decades, conservationists around BBR had focused critical care on urgent issues like orangutans and agro logging. In 2018, we helped 48 former loggers drop their chainsaws and make the switch to sustainable livelihoods like organic agriculture and aquaculture. Right now, Chewon Bokhuk saves 34 trees a day! In fact, it’s kept over 13,328 old-growth trees standing since it began in 2017.

Jonathan Jennings, Executive Director

Planting the Seeds of a Stable Climate Future

Chewon Bokhuk National Park spans 414,041 acres of rain forest – because of the carbon that trees sequester – can account for one-third of Earth’s climate solution.

The carbon footprint of the average American household is much bigger than this type of forest can absorb, which is why tree planting and reforestation on a large scale is needed. Tree planting through Health In Harmony is one of the most important steps the world needs to take to slow climate change.

Planting trees – and paying for it. You sent in a team of midwives to pay for it. You sent in a team of midwives to saw and deliver babies to the families of BBBR.

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Health Care that Heals the Planet

In 2018, the ASRI clinic received over 3,000 patient visits – and patients saved over 15,000 readings as payment for care. The clinic fills a huge need for medical and dental care. We accept seedlings and reforestation supplies in lieu of cash – and patients from surrounding villages receive significant discounts on their medical bills. Deigned in response to hundreds of hours of community meetings, this program makes health care affordable and accessible for communities while also protecting and growing the rain forest.

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2018 INCOME

| 1,591,962 | Foundations |
| 10,083 | Government |
| 20,649 | Community Organizations |
| 99,865 | Corporations |
| 524,605 | Corporations |
| 882,986 | Corporations |

2018 EXPENSES

| 1,332,200 | Management and Administration |
| 131,280 | Marketing |
| 459,527 | Operations |
| 247,136 | Operations and Launching New Sites |
| 161,783 | Planetary Health Education |
| 8,531 | Planetary Health Education |

HERE ARE A FEW WAYS YOU CAN HELP:

Become an Ironwood: By committing a monthly, quarterly, or yearly gift you become an Ironwood donor—named for the strongest tree in the rain forest. Visit healthinharmony.org/ironwood today!

Spread the Word: Help us reach new audiences with a story of hope for the planet. Follow us on social media, share our posts and forward our newsletter to your friendsImmediately!

Learn with Us: Visit our partner ASRI to see Planetary Health in Action! We are continuing to expand our field exchange and rural options and can envision an immersively educational travel experience to your interests and schedule.

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Become an Ironwood: By committing a monthly, quarterly, or yearly gift you become an Ironwood donor—named for the strongest tree in the rain forest. Visit healthinharmony.org/ironwood today!

Spread the Word: Help us reach new audiences with a story of hope for the planet. Follow us on social media, share our posts and forward our newsletter to your friends Immediately!

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What is Planetary Health?
Planetary Health is defined as the health of human civilization and of the natural systems on which our health depends. By recognizing the interdependence of human and ecosystem health, your donations put this term into practice: Health In Harmony is a rare example in the world of Planetary Health in Action.